

Gluten Intolerance Education Conference

November 2-3, 2007

**Courtyard by Marriott
1080 28th Ave. So,
Moorhead, MN 56560**



Sponsored by:



FEATURING GLOBAL AND NATIONAL EXPERTS

Stefano Guandalini, MD
*Professor of Pediatrics, Director, University of
Chicago Celiac Disease Program*

Dr. Guandalini is an internationally recognized expert on celiac disease. He is also known for his expertise in the research and treatment of other diarrheal diseases in children. Dr. Guandalini's clinical and research efforts have greatly influenced the way celiac disease is diagnosed and treated today. His guidelines are now used worldwide for the diagnosis of celiac disease in both children and adults.

Anne Roland Lee, MEd, RD, CDN
*Nutritionist, Celiac Disease Center
Columbia University, NYC*

Anne Lee is involved in patient care and research, as well as pursuing a doctoral degree. Her research has resulted in published articles on the effect of a gluten-free diet on the quality of life, and the economic impact of a gluten free diet. She has authored a chapter in a nutrition text and co-authored a chapter in a gastroenterology text on celiac disease. Anne has developed numerous educational materials. She also started Club Celiac, a support group for teens with celiac disease.

Ted Malahias, DDS
*Bridgeworks Family Dental Center
Groton, Connecticut*

Dr. Malahias graduated from the State University of New York at Stony Brook School of Dental Medicine in 1990. In 2003 he became affiliated with the Celiac Center at Columbia University in New York, studying the effect of Celiac disease on dental enamel. He has a private practice in Groton Connecticut.

Cynthia Kupper, RD, CD
*Executive Director,
Gluten Intolerance Group of North America
Auburn, WA*

Cynthia Kupper is the Executive Director of Gluten Intolerance Group of North America, including the Gluten-Free Certification Organization and Gluten-Free Restaurant Awareness Program. She is an international speaker to the health care community and consultant to food manufacturers and restaurants. She has been a Diabetes Educator for 10 years with St. Joseph Health Care.

Celiac disease is an inherited autoimmune disorder that affects the digestive process of the small intestine. When a person who has celiac disease consumes gluten, a protein found in wheat, rye, and barley, the individual's immune system responds by attacking the small intestine and inhibiting the absorption of important nutrients into the body.

Undiagnosed celiac patients are at greater risk of contracting cancer, chronic neurological disorders, osteoporosis, anemia and other serious illnesses. It is important for the U.S. physicians to know the prevalence of celiac disease and to be able to recognize it in their patients. It is also important that the general public become more aware of celiac disease. Public awareness and prevalence research will go hand-in-hand to encourage a more educated population and create a more supportive environment for celiac patients in restaurants and public venues.

This conference is for celiacs, medical personnel, dietitians, school personnel, chefs, restaurant managers, and anyone interested in learning the latest developments about Gluten Intolerance, Celiac Disease and related autoimmune disorders

Note: All speakers presented at the XII International Celiac Disease Symposium hosted by Columbia University, NYC in November 2006

Who Should Attend?

- * Celiacs, gluten intolerant people & family members
- * People with wheat allergies/sensitivities
- * Health Care Providers in all fields
- * Dietitians
- * Chefs & Food Service Personnel
- * Day care providers
- * School nurses, teachers, counselors
- * Anyone interested in learning the latest information about Celiac Disease and gluten intolerance

Learning Objectives

You will understand and learn:

- * The latest celiac stats and facts. Accurate medical testing - newest diagnostic methods
- * To identify symptoms of celiac disease/gluten intolerance
- * How Dermatitis Herpetiformis is distinguished from other skin disorders
- * The need for health care providers to provide emotional support along with medical follow-up
- * Oral manifestations dentists should look for that may identify celiac disease and what dentists should know about their CD patients
- * Nutritional needs and follow-up required for CD
- * Other autoimmune diseases associated with CD
- * Special nutritional needs and follow-up required for a patient with both Type I Diabetes & CD
- * Problems with fertility and osteoporosis
- * How to develop a healthy gluten free diet
- * Nutritional alternative grains, recipes, and accurate resources
- * The impact of current & proposed labeling regulations - accurate label reading to spot hidden gluten
- * Quality of life issues on a GF diet - Practical tools for dealing with the gluten-free lifestyle including eating at restaurants and traveling

VISIT VENDORS AND SAMPLE GLUTEN FREE PRODUCTS DURING CONFERENCE

4:00-9:00 PM FRIDAY & 7:30-4:30 SATURDAY

Conference Agenda November 2-3, 2007

Friday, November 2, 2007

- 4:00-6:00 pm Registration/Vendors
 6:00-6:10 pm Welcome
 6:10-6:40 pm Stefano Guandalini, MD
Exploring the Iceberg of CD
 6:40-7:10 pm Anne Lee, MSED, RD, CDN
Quality of Life: Impact of CD
 7:10-7:40 pm Ted Malahias, DDS
Oral Presentations of CD: Part I
 7:40-8:10 pm Cynthia Kupper, RD, CD
Spreading Awareness: (GFCO) Gluten Free Certification Organization, (GFRAP) Gluten Free Restaurant Awareness Program
 8:10-8:30 pm Q & A
 8:30-11:30 pm Celiac Social & DJ*

Dinner will be served during speaker presentations

** Family & Friends invited to Celiac Social & DJ Entertainment Friday Evening*

Saturday, November 3, 2007

- 7:30-8:50 am Registration/Vendors Open
 8:50-9:00 am Welcome
 9:00-10:00 am Stefano Guandalini, MD
Challenges in Diagnosing & Treating Celiac Disease
 10:00-11:00 am Anne Lee, MSED, RD, CDN
Healthy Gluten Free Lifestyle
 11:00-11:30 am Speakers 1 & 2 Q & A
 11:30 -1:30 pm GF Buffet Lunch/Vendor Time
 1:30-2:30 pm Ted Malahias, DDS
Oral Presentations of CD: Part II
 2:30-3:30 pm Cynthia Kupper, RD, CD
Living with CD & Diabetes
 3:30-4:00 pm Speakers 3 & 4 Q & A
 Silent Auction Ends
 4:00 pm Closing
 4:15 pm Drawings/Silent Auction (must be present to pay for & pick up item)

Hotel Reservations:

*Courtyard by Marriott
218-284-1000*

1080 28th Ave. S., Moorhead, MN 56560
A block of rooms has been set aside, call to make reservations before 10/11 ~ ask for Red River Celiac Conference Rate ~ \$84

For more info contact:

Stacey Juhnke ~ 701-237-4854
 dsjuhnke@yahoo.com
 Sandy Kohler ~ 218-233-4898 or
 701-361-8589
 redriverceliacs@gluten.net
 www.redriverceliacs.org

CPEU's and Certificate of Attendance Available

REGISTRATION

Your registration fee includes admission to all sessions, conference materials, access to exhibits, (Price includes Friday night dinner, DJ Entertainment, & Saturday lunch). All meals served as part of the conference functions are gluten-free. All other dietary needs must be addressed with the hotel staff individually.

Registration deadline - Oct. 15, 2007
Late Registration fee after 10/15 - \$110.00

Name _____

Phone(_____)_____

E-mail _____

Address _____

City _____ State _____ Zip _____

Please fill out a separate form for each attendee

CONFERENCE FEE	FRIDAY	SATURDAY	Fri. & Sat.
Register by 10/15/07	\$50	\$75	\$95
Late Reg. after Oct. 15	\$60	\$85	\$110
Family Rate:	\$155 (2 people) \$215 (3 people) \$275 (4 people)		
Family Rate: Late Reg.	\$180 (2 people) \$250 (3 people) \$320 (4 people)		
CPEU Certificate needed _____ Certificate of Attendance Needed _____			
Print name for Certificate: _____			
TOTAL Fee Paid			\$

Mail registration and check made payable to:

Red River Celiacs Gluten Intolerance Group
 P. O. Box 464, Fargo, ND 58107

*If you wish to apply for a scholarship to attend, please contact:
 Stacey Juhnke at 701-237-4854 or dsjuhnke@yahoo.com*