

Saturday, October 2, 2010

“Not Spooky”

Please Attend

11:30 - Info Gluten Free goes out to Lunch

12:00 - EATING OUT

Sandwich & Salad Potluck.

New Member Chat Following Meeting

Location: Olivet Lutheran Church

1320 University Dr S, Fargo

Please bring a Gluten Free dish to pass and your own utensils.

Saturday, November 6, 2010

“OH MY!! PIE”

11:30 - Pie Baking with Susan

12:00 - Potluck

Bake Sale

New Member Chat Following Meeting

Location: Olivet Lutheran Church

1320 University Dr S, Fargo

Please bring a Gluten Free dish to pass and your own utensils.

Saturday, December 11, 2010

“Holiday Celebration”

11:30 - Ideas for a Worry Free Holiday

12:00 - Potluck

Bake Sale

New Member Chat Following Meeting

Location: Sydney’s Health Market

302 27th Street North, Fargo

Please bring a Gluten Free dish to pass and your own utensils.

Tuesday, December 14, 2010

“Holiday Celebration”

6:00 PM - Group Baking Night

New Member Chat Following Meeting

Location: Olivet Lutheran Church

1320 University Dr S, Fargo

Please bring a Gluten Free dish to pass and your own utensils.

R.O.C.K meetings are also available.

Stacey Juhnke - 701-237-4854

email: RedRiverCeliacs@gluten.net

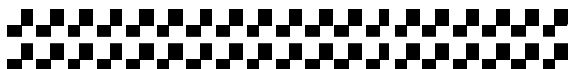
Please contact with questions or any help we can give you.

Sara Vollmer - 701-238-0587

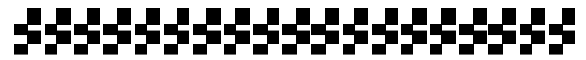
email: sjvollmer@hotmail.com

Jan Hammer - Membership - 701-232-3896

email: cfredjanhammer@gmail.com



9/5/2009



2010 Menu



Sponsored by:

Red River

Celiacs



Meeting Location:

Olivet Lutheran Church

Fellowship Hall (Use East Door)

1320 University Dr S

Fargo, ND 58103

Phone: 701-235-6603

Sydney’s Health Market

302 27th Street North

Fargo, ND 58102

Phone: 701-526-0983

Email: shm@qwestoffice.net

www.sydneyhealthmarket.com

Dining Club:

Meets 3rd Thursday of most Months.

Contact Karlene Elfstrum

(701) 237-9324

kkelfstrum@qwestoffice.net

**A group of friends sharing knowledge,
ideas and offering support!**

R.O.C.K Meetings:

Stacey Juhnke - 701-237-4854

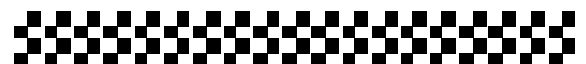
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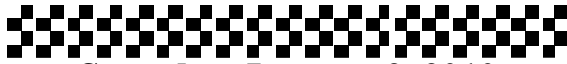
Website:

www.redriverceliacs.org

Email:

RedRiverCeliacs@gluten.net





Saturday, January 2, 2010

“New Year’s Party”

Chinese New Year

11:30 - Wok Cooking

12:00 - Potluck

Blessings & Resolutions

New Member Chat - Following Meeting

Location: Sydney’s Health Market

302 27th Street North, Fargo

Please bring a Gluten Free dish to pass and your own utensils.

Friday, January 29, 2010

“Gluten Free Family Friday Nite ”

6:00 - Family Pancake Dinner

Tickets and Reservations Required

Location: *Faith United Methodist Church

909 19th Ave N, Fargo

(10th St & 19th Ave N)

RSVP - 701-237-4540

Ticket Information:

\$4.00 (in advance)

3 Tickets = 1 Family

\$5.00 at the Door

Note: Proceeds go to Boy Scout Troop 214.

*Note location change.

Saturday, February 6, 2010

“Sweetheart Party”

11:30 - Kay Braun: Label Reading

12:00 - Corned Beef and Cabbage

New Member Chat Following Meeting

Location: Olivet Lutheran Church

1320 University Dr S, Fargo

Please bring a Gluten Free dish to pass and your own utensils.

Saturday, March 6, 2010

“St. Patrick’s Celebration”

Wear Green

11:30 - Fish Fry, Onion Rings, Cheese Sticks

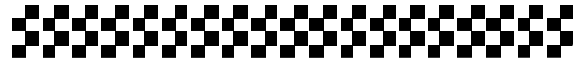
12:00 - Potluck

New Member Chat Following Meeting

Location: Ever-Green

302 27th Street North, Fargo

Please bring a Gluten Free dish to pass and your own utensils.



Saturday, March 27, 2010

“Easter Parade”

Gluten Free 101 with Stacey Juhnke

11:30 - Enjoy EASTER with your family

12:00 - Easter Potluck Social

New Member Chat Following Meeting

Location: Sydney’s Health Market

302 27th Street North, Fargo

Please bring a Gluten Free dish to pass and your own utensils.

How Far Will YOU GO!!

Marathon: Fargo Dome

Saturday, May 22, 2010

“Moving Feet Without Wheat”

(Flyer will follow)

Education Conference

St. Paul, MN

June 4 and 5

Contact Stacey for more information

if interested in attending

Summer Dining Club Dates:

June 17, 2010 Dining Out

July 22, 2010 Garden party

(Jan & Fred’s home R.S.V.P. 701-232-3896)

August 19, 2010 Dining Out

Dining Club meets 3rd Thursday

of most months.

Check web site and email for more details

Thursday, September 2, 2010

“Hors d’oeuvres & Finger Food”

6:00 - Sundae Bars

6:30 - Potluck

New Member Chat Following Meeting

Location: Sydney’s Health Market

302 27th Street North, Fargo

Please bring a Gluten Free dish to pass and your own utensils.

Saturday, September 18, 2010

“Rock Us”

3:00 - Pitch Fork Steak Fondue

Advanced Tickets \$10.00 Ken 237-4540

Location: Faith United Methodist Church

909 19th Ave N, Fargo (10th St & 19th Ave N)

R.S.V.P. - 701-237-4540

